### THE FRUIT OF THE SPIRIT Part 3: PEACE

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control. Against such things there is no law. Galatians 5:22-23 NIV

Biblical peace isn't found in ABSENCE; it's found in PRESENCE.

#### God is the <u>SOURCE</u> of true and lasting peace.

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27 NIV

Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all. 2

Thessalonians 3:16

### The Lord gives strength to his people; the Lord blesses his people with peace. Psalm 29:11

Old Testament: SHALOM: Wholeness, completeness, fulfillment, inner rest, prosperity, favor, without deficiency or lack.

New Testament: EIRENE: Rest, contentment, harmony, inner tranquility.

#### TWO KINDS OF PEACE:

### 1. Peace with God.

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ...Romans 5:1

### 2. The peace OF God.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 NIV

### Anxiety weighs down the heart, but a kind word cheers it up. Proverbs 12:25 NIV

Anxiety is the futile, frustrating, debilitating attempt to bear the burdens of life ourselves and alone.

Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light." Matthew 11:28-30 NIV

Praise be to the Lord, to God our Savior, who daily bears our burdens. Psalm 68:19 NIV

Casting all your cares [all your anxieties, all your worries, and all your concerns, once and for all] on Him, for He cares about you [with deepest affection, and watches over you very carefully].

1 Peter 5:7 Amplified

#### Prayer is our <u>PATHWAY</u> to peace.

# Prayer is an act of <a href="COMMITTING">COMMITTING</a> or <a href="ENTRUSTING">ENTRUSTING</a> our cares and burdens to God.

Ps 37:5: Commit you way to the Lord, trust also in Him, and He will do it."

"It's the continuing attitude of trust on our part that keeps the channel open through which God is able to intervene in our lives and work out what needs to be done. But if we abandon trust, we close off the channel and hinder the completion of what God has begun to do for us." Derek Prince

For this reason I also suffer these things; nevertheless, I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day.

2 Timothy 1:12 NKJV



## HOW DO WE MAINTAIN PEACE?

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. 9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you. Philippians 4:8-9 NIV

Prayer is our pathway to peace. Right thinking is our practice to preserve it.

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Isaiah 26:3 NLT

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Colossians 3:15