

Keys To A *Better* *Marriage*



*A fool gives full vent to his anger, but a wise
man holds it in check. Proverbs 29:11 HCSB*

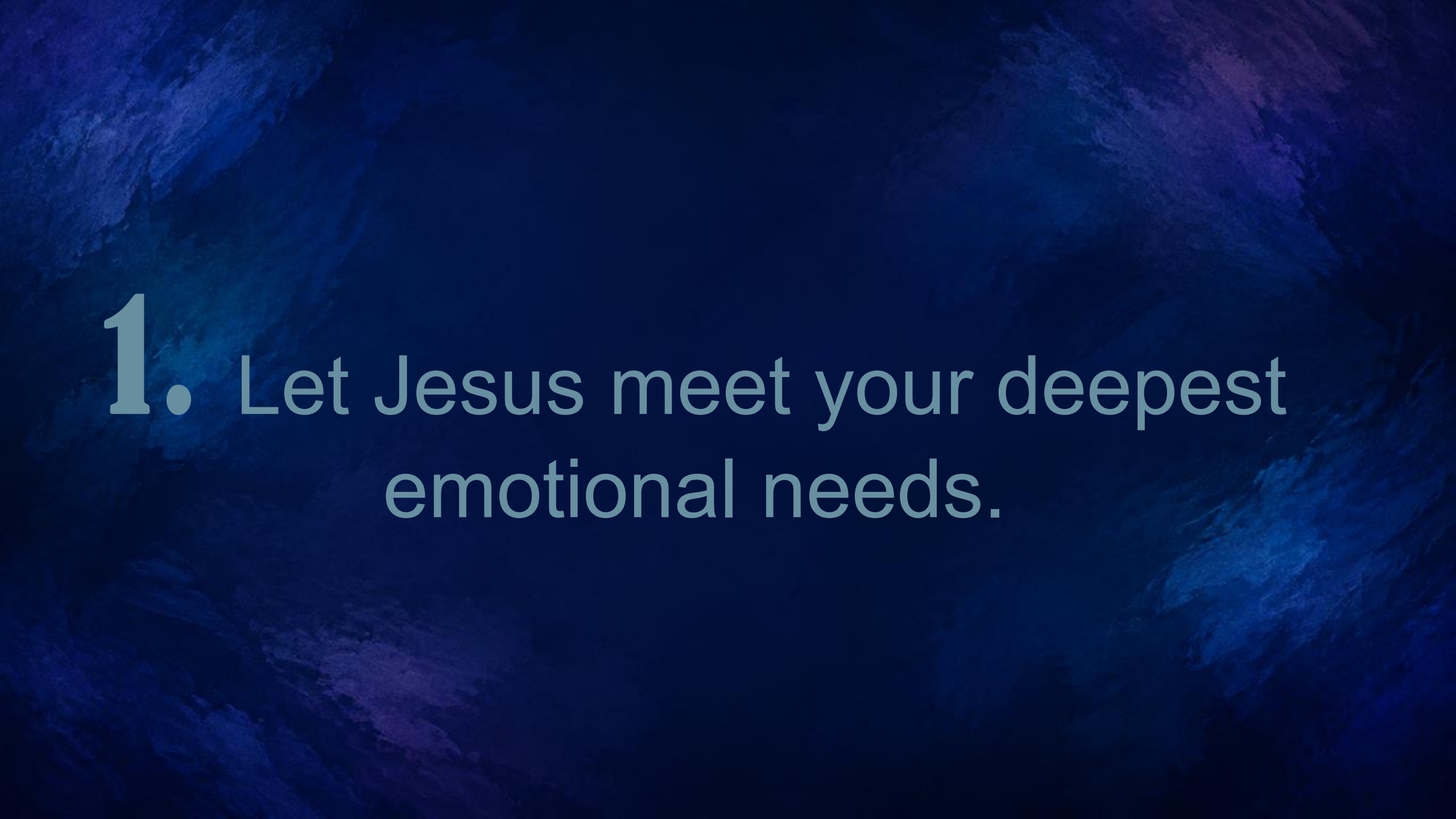
In the same way, you husbands, live with your wives in an understanding way [with great gentleness and tact, and with an intelligent regard for the marriage relationship], as with someone physically weaker, since she is a woman. Show her honor and respect as a fellow heir of the grace of life, so that your prayers will not be hindered or ineffective.

1 Peter 3:7 Amplified

*Husbands, love your wives, just as Christ
loved the church and gave himself up for her.
Ephesians 5:25*

The background is a dark blue, textured surface that resembles a close-up of a rock face or a rough, weathered material. The texture is uneven, with various shades of blue and purple, creating a sense of depth and ruggedness. The lighting is somewhat dramatic, with brighter areas highlighting the texture and darker areas in the shadows.

7 KEYS TO A BETTER MARRIAGE

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1. Let Jesus meet your deepest emotional needs.

2. Be kind.

*Kind words are as sweet as honey. They also
bring health and strength.
Proverbs 16:24 EASY*

3. Value each other.

*Do nothing out of selfish ambition or vain
conceit. Rather, in humility value others
above yourselves, ⁴ not looking to your own
interests but each of you to the interests of
the others. Philippians 2:3-4 NIV*

4. Serve each other.

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant...Philippians 2:5-7 NIV

The background is a dark blue, textured surface that resembles crumpled paper or a rough fabric. The texture is more pronounced in the corners and along the edges, with some areas appearing slightly lighter or more reflective than others, creating a sense of depth and movement. The overall color is a deep, rich blue.

5. Think before you speak.

Careless words stab like a sword. But wise words bring healing. Proverbs 12:18 ICB

*Thoughtless words can wound as deeply as
any sword, but wisely spoken words can heal.
Proverbs 12:18 GNT*

An offended friend (spouse) is harder to win back than a fortified city. Arguments separate friends like a gate locked with bars.

Proverbs 18:19 NLT

A gentle answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1

*Husbands, love your wives and do not be
harsh with them. Colossians 3:19 NIV*

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Ephesians 4:29-30 NIV

Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

James 1:19-20 NIV

*Better a dry crust with peace and quiet than a
house full of feasting, with strife.
Proverbs 17:1 NIV*

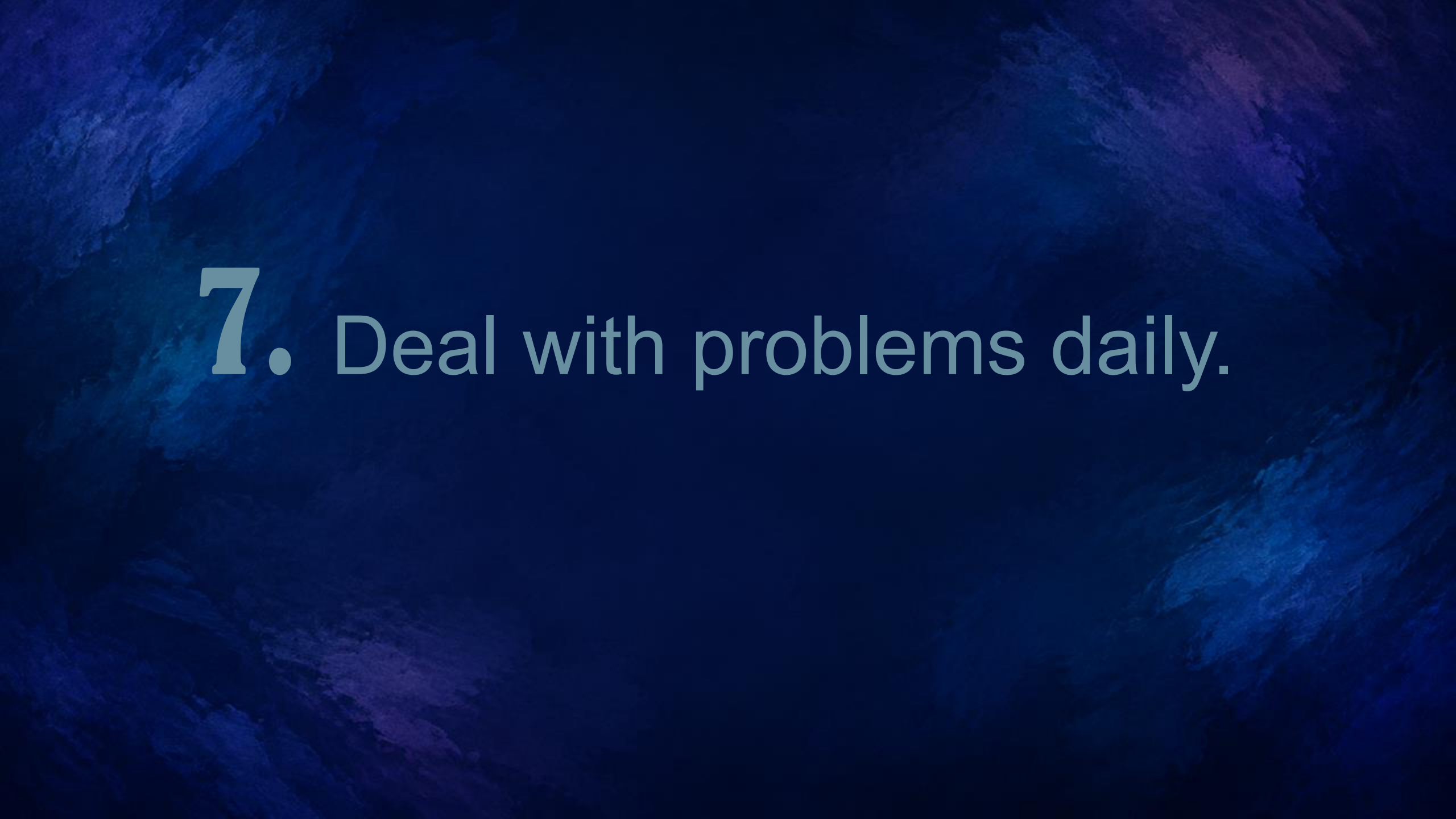
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6. Look for the gold and not
the dirt.

*If you take out the precious from the vile, you
shall be as My mouth (spokesperson)
Jeremiah 15:19 NKJV*

Understand the difference between a complaint and a criticism.

- A complaint focuses on specific behavior: “I’m frustrated that the dishes weren’t done.”
- A criticism attacks the person or character: “You’re so lazy, you never do anything around here.”

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7. Deal with problems daily.

In your anger do not sin. Do not let the sun go down while you are still angry, and do not give the devil a foothold. Ephesians 4:26 NIV