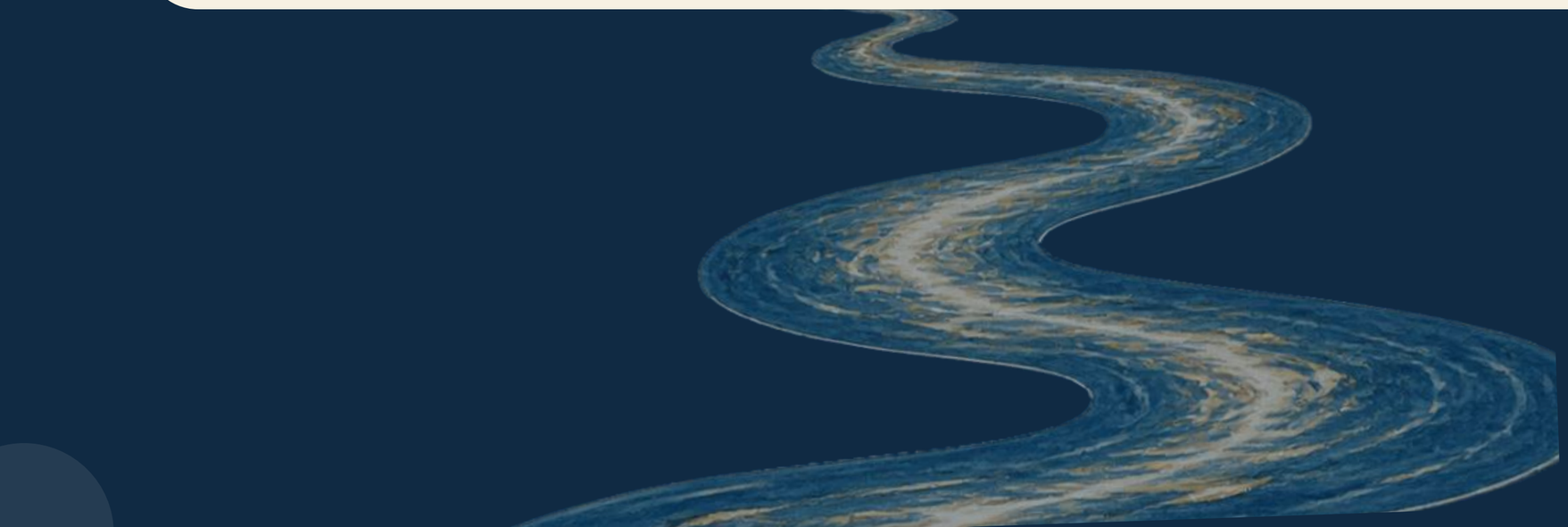
HOW TO KEEP YOUR TANK FILLED INSTEAD OF RUNNING ON EMPTY

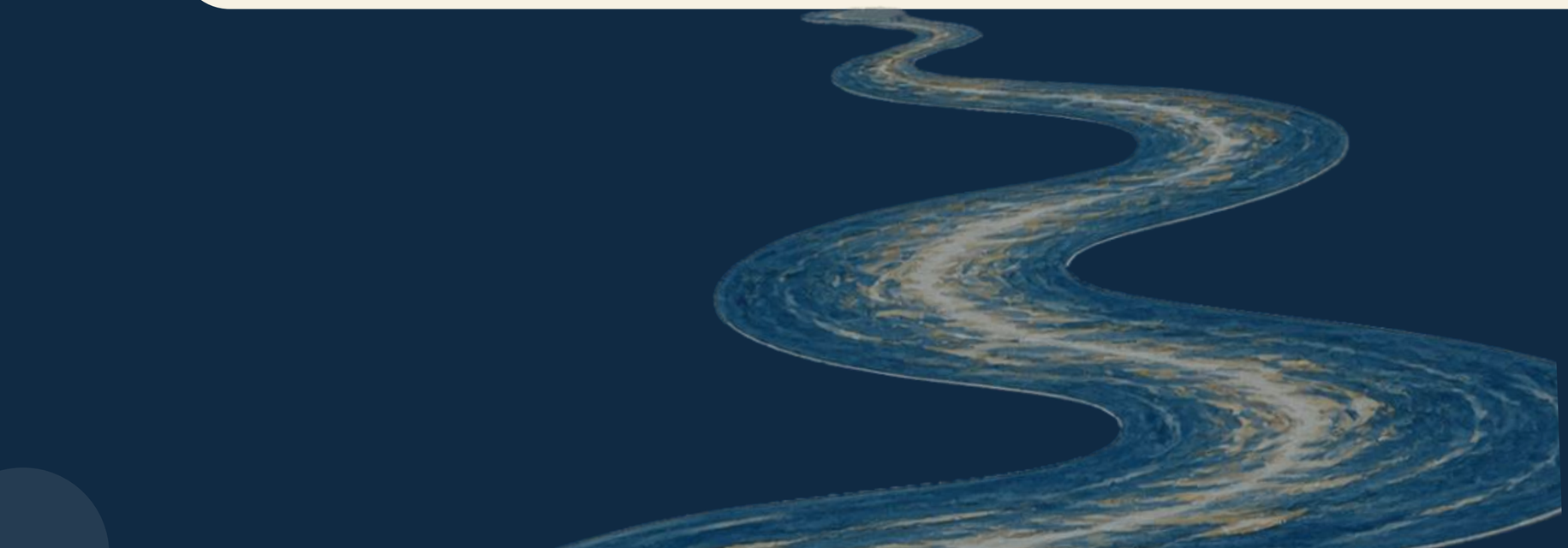
Part 3



1. GET RID OF UNNECESSARY BAGGAGE THAT’S WEIGHING YOU DOWN.



2. COME TO JESUS.



Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. 30 For my yoke is easy to bear, and the burden I give you is light.”

Matthew 11:28-30 NLT

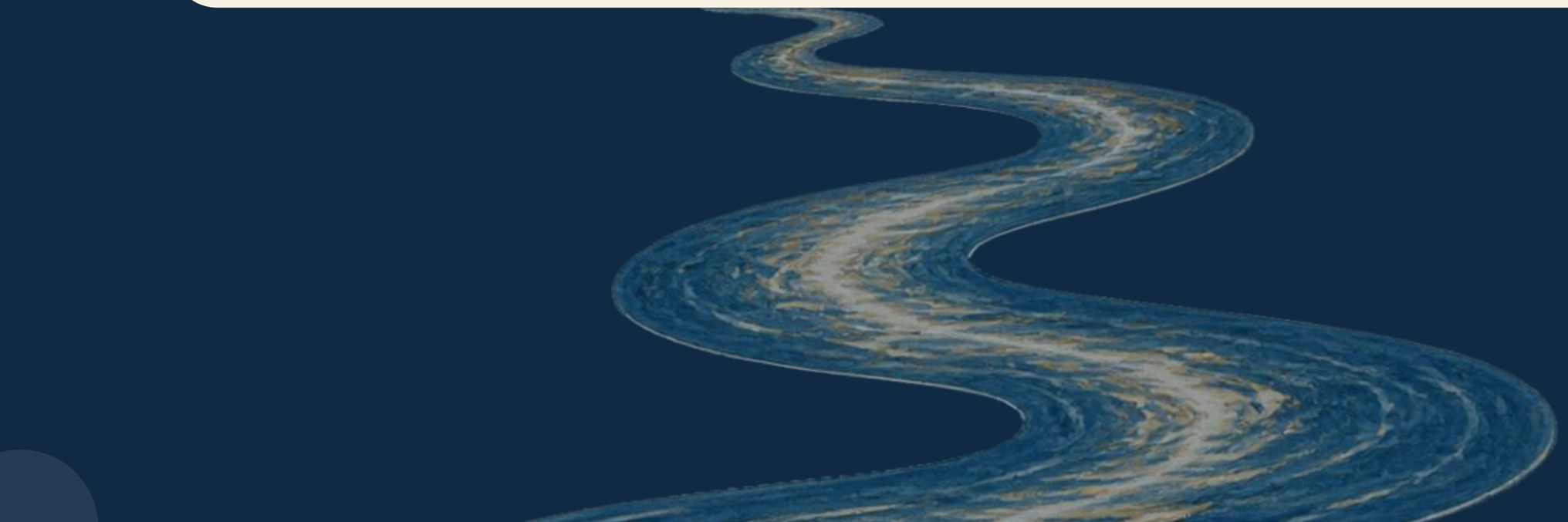
3. GIVE UP CONTROL





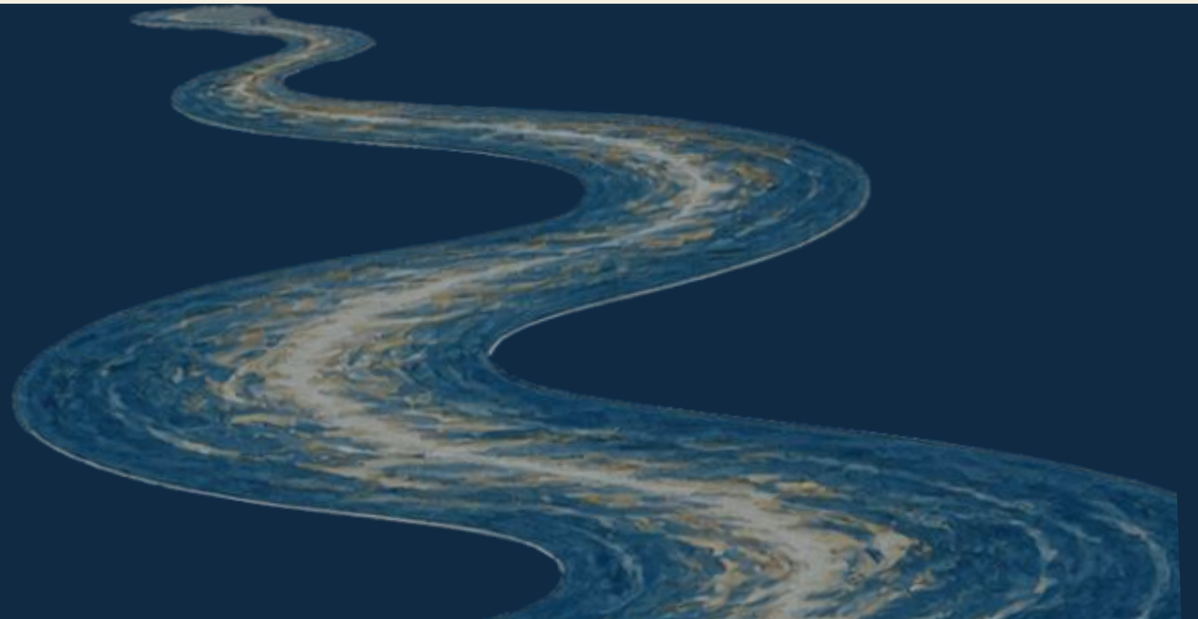
“What you attempt to control the most, often reveals where you trust God the least.”
Craig Groeschel

4. ACCEPT CHRIST’S YOKE.

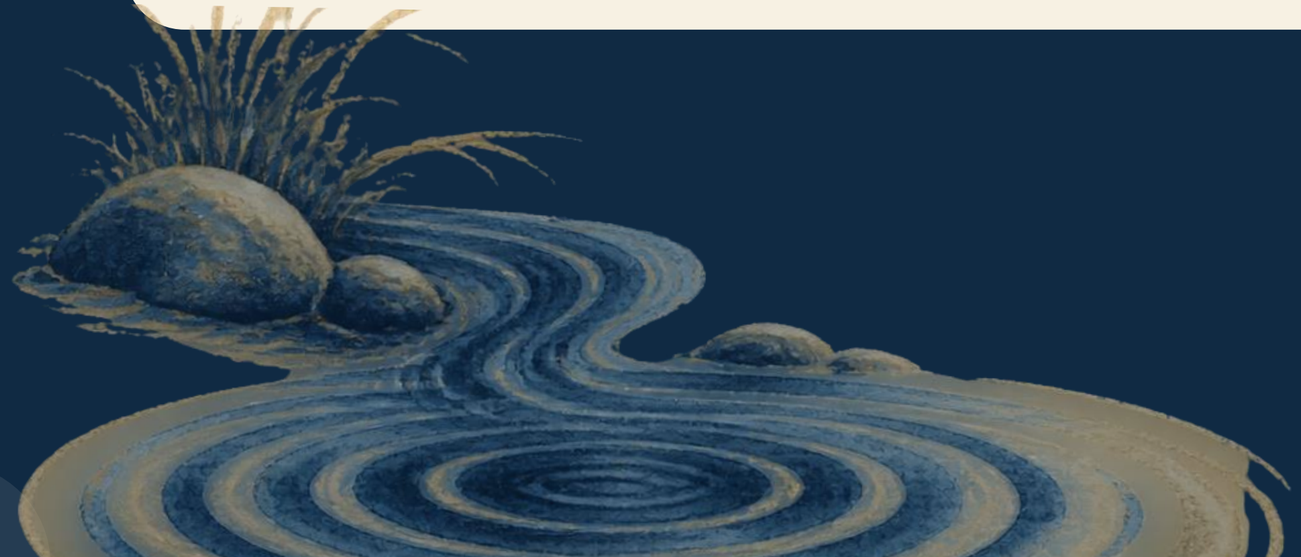


Accepting Christ’s yoke means becoming an apprentice of the Master.

Take my yoke upon you and learn from me… Matthew 11:29 NIV



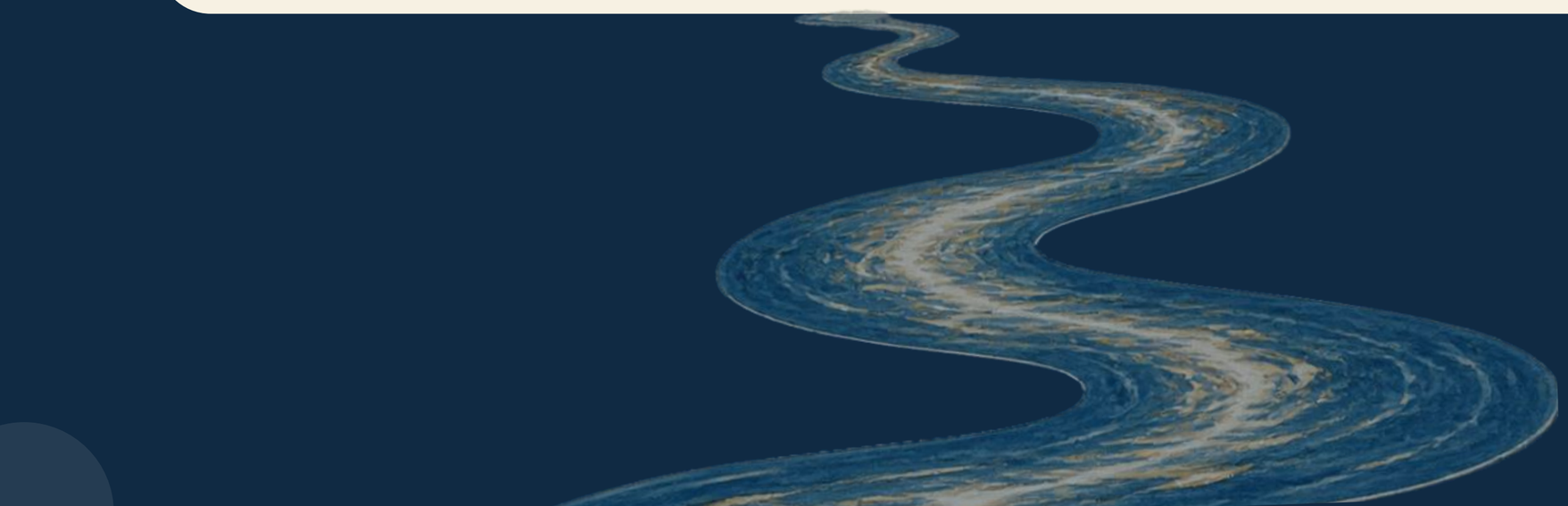
Loving God means keeping his commandments and his commandments are not burdensome. 1 John 5:3 NLT



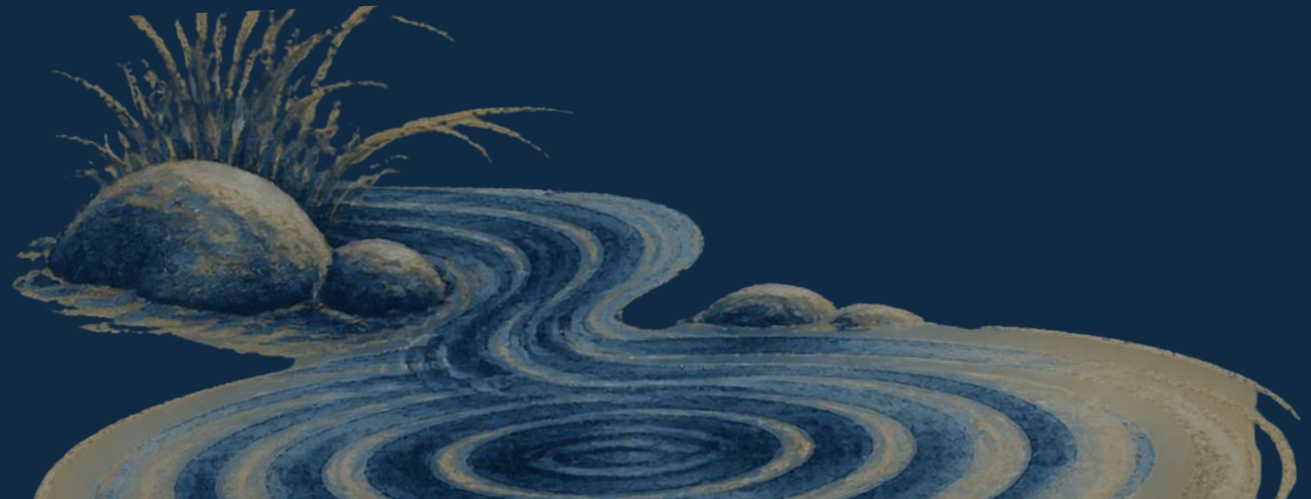
To be an apprentice of Jesus is to have a gentle and humble-minded teacher.

Let me teach you, because I am humble and gentle at heart…Matthew 11:29 NLT

To be an apprentice of Jesus leads to rest for your souls.



You will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.” Matthew 11:29-30 NLT



For My yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light and easy to be borne.
Matthew 11:29-30 AMPC